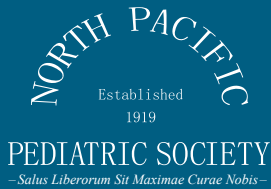


North Pacific Pediatric Society 200th Meeting and Conference

Jointly Provided By

October 2-3, 2021



Masks required and socially distanced seating provided

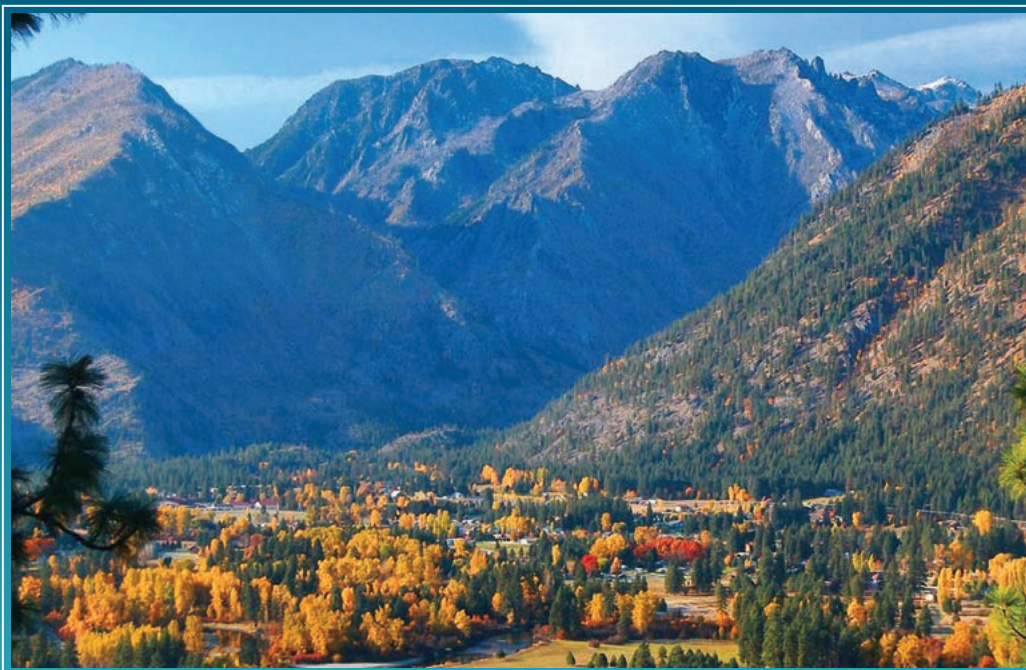


photo credit: Sleeping Lady Mountain Resort

■ SPEAKERS*

**Congresswoman
Kim Schrier MD**
US House of Representatives
(WA-08) and Pediatrician

Jennifer J. Ahn MD, MS
Assistant Professor
Seattle Children's Hospital

Markus Boos MD, PHD
Associate Professor of Pediatrics
Attending Dermatologist
University of Washington SOM and
Seattle Children's Hospital

Monique S. Burton MD
Clinical Professor
Department of Pediatrics
Medical Dir. Sports Medicine Program
Seattle Children's Hospital

Maida Lynn Chen MD
Associate Professor
Pediatrics Director
Sleep Center
Seattle Children's Hospital

Jonah B. Essers MD, MPH
Pediatric Gastroenterologist
Swedish Medical Center

Yolanda N. Evans MD, MPH
Associate Professor of Pediatrics
University of Washington and
Seattle Children's Hospital

Laura Kastner PHD
Clinical Professor
Psychiatry and Behavioral
Sciences
University of Washington

Amy Lee MD
Division Chief
Pediatric Neurosurgery
Seattle Children's Associate
Professor of Neurological Surgery
University of Washington

Jack Salerno MD
Professor and Associate Chief
Pediatric Cardiology
Vice Chair of Clinical Affairs
Department of Pediatrics
University of Washington School
of Medicine

Christopher Zarella MD, FACS
Craniofacial and Pediatric
Plastic Surgeon
Legacy Health System/Randall
Children's Hospital

■ ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Washington State Medical Association through the joint providership of Seattle Children's Hospital and the North Pacific Pediatric Society. Seattle Children's Hospital is accredited by the WSMA to provide continuing medical education to physicians.

Seattle Children's Hospital designates this live educational activity for a maximum of *10.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 10 hours of Category 1 CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

* Speaker's disclosure statements on page 4

NPPS 200th Meeting and Conference Schedule



October 2-3, 2021

SATURDAY 🦋 OCTOBER 2	
7:00 AM	Networking and Breakfast
7:30 AM	▶ KEYNOTE ADDRESS: Congressional Update for Child Health and Q&A –U.S. Congresswoman, Kim Schrier, MD
8:00 AM	Sudden Cardiac Arrest in Children Jack Salerno, MD
9:00 AM	Things That Go Bump in the Night and Day: An Approach to Lumps and Bumps in Children Markus Boos, MD, PhD
10:00 AM	Morning Break
10:20 AM	Pediatric and Adolescent Insomnia Maida Lynn Chen, MD
11:20 AM	Diagnosis and Management of Common Overuse Sports Injuries in Children and Adolescents Monique Burton, MD
12:20 PM	Lunch Break
1:30 PM	Inflammatory Bowel Disease Diagnosis: Modern Tools for the Community Pediatrician Jonah Essers, MD, MPH

SATURDAY 🦋 OCTOBER 2 (continued)	
2:30 PM	Treatment Advances in Craniosynostosis and Long-Term Outcomes: Ahead of the Rest Christopher Zarella, MD, FACS
3:30 PM	Adjourn for day

SUNDAY 🦋 OCTOBER 3	
7:00 AM	Networking and Breakfast
8:00 AM	Hydrocephalus Amy Lee, MD
9:00 AM	Pediatric Urology Update Jennifer Ahn, MD, MS
10:00 AM	Morning Break
10:20 AM	Role of the Medical Provider in Outpatient Eating Disorder Care Yolanda N. Evans, MD, MPH
11:20 AM	Parenting Teens During and After the Pandemic Laura Kastner, PhD
12:20 PM	Adjourn Conference

MEETING OBJECTIVES:

- Learners will understand penile anomalies and indications for referral and surgery and will receive updated guidelines on timing of referral for penile anomalies and cryptorchidism.
- Identify the most common subcutaneous “lumps and bumps” in children, with a special emphasis on examination techniques that can help clarify a diagnosis clinically.
- Gain comfort in diagnosing and managing common overuse injuries in children and adolescents.
- Learners will be able to better assess for and counsel patients and families on childhood insomnia cross the developmental spectrum.
- Understand the limitations of old diagnostic tools in IBD and apply newer tests more frequently both to rule out and rule in an IBD diagnosis.
- Distinguish and diagnose medical complications associated with acute malnutrition.
- Recognize and describe the roles of the care team members in treatment of youth with a restrictive eating disorder.
- Participants will both validate patients’ concerns about the enormity of pandemic stress and encourage them that the plasticity of the brain creates opportunities for resilience (using techniques from Dialectical Behavioral Therapy and Motivational Interviewing).
- Etiologies of and treatment options for hydrocephalus.



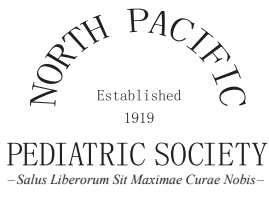
- Understand the current recommendations and common etiologies for screening children for sudden cardiac arrest.
- Discuss pathophysiology of craniosynostosis, intracranial hypertension and the rationale for craniosynostosis repair.

TARGET AUDIENCE:

Target audience includes primary care pediatricians, family practice physicians, and other health professionals that care for infants, children, and adolescents.

EXHIBITORS:

Interested in exhibiting and supporting NPPS? Visit our website for more info at: www.northpacificpediatricsociety.org.



North Pacific Pediatric Society 200th Meeting and Conference



October 2-3, 2021



You may also register on line at www.northpacificpediatricsociety.org

REGISTRATION FORM *(please type or print clearly)*

Full Name	Title	Preferred First Name for Badge	
Practice/Group Name			
Address	City	State	Zip
Phone	Email <i>(Required to receive conference e-syllabus)</i>		

- My food preference is vegetarian
 My food preference is vegan
 My food preference is gluten free

Conference registration fee includes attendee's two-day conference tuition, e-syllabus, as well as all breakfasts and refreshment breaks, lunch, and receptions. **Food and Beverage is intended for registered attendees only!**

■ Conference Registration

- | | | |
|----------------------------------------------------------|----------|-------|
| <input type="checkbox"/> NPPS Member Physician | \$425.00 | _____ |
| <input type="checkbox"/> Nurses & Physician's Assistants | \$395.00 | _____ |
| <input type="checkbox"/> First 3-year in Practice | \$325.00 | _____ |

■ I would like to support the NPPS Community Fund

- \$20
 \$50
 \$100
 \$250
 \$500

TOTAL ENCLOSED: (U.S. FUNDS ONLY) _____

■ PAYMENT

Mail to: **NPPS**, 2001 Sixth Avenue, Suite 2700 • Seattle, WA 98121

- Enclosed is my check made payable to: **NPPS**

▶ CREDIT CARD PAYMENT

Please register online at: www.northpacificpediatricsociety.org

INQUIRES: Contact Delphi Locey via phone at 206-956-3650, or via email at admin@northpacificpediatricsociety.org.

North Pacific Pediatric Society

2001 Sixth Avenue, Suite 2700
Seattle, WA 98121

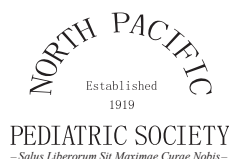
www.northpacificpediatricsociety.org

PRSR STD
US POSTAGE
PAID
PERMIT NO. 5544
SEATTLE, WA

NPPS 200th Meeting and Conference

October 2-3, 2021

Jointly Provided By



Visit: www.northpacificpediatricsociety.org to register online

■ ACCOMMODATIONS:



Call 509-548-6344 to book your reservation. All reservations should be made under "NPPS" or "North Pacific Pediatric Society". You can also check out their website for more information: sleepinglady.com.

SAVE THE DATE!

NPPS 201st Meeting and Conference
Sentinel • Portland, OR
April 2-3, 2022

Room rates start at \$169
plus applicable taxes

■ NPPS 200TH MEETING & CONFERENCE DISCLOSURE STATEMENTS

Speakers/Planners have acknowledged the following interest or affiliation with corporate organizations:

SPEAKERS

Jennifer J. Ahn, MD, MS

No relationships

Markus Boos, MD, PhD

No relationships

Monique S. Burton, MD

No relationships

Maida Lynn Chen, MD

No relationships

Jonah B. Essers, MD, MPH

* Nutricia: Speaker's Bureau/
Honoraria

Yolanda N. Evans, MD, MPH

* Seattle Children's Hospital:
Academic Enrichment Fund Grant for
Integrated Behavioral Intervention
for Prevention in Eating Disorders
in Youth

Laura Kastner, PhD

No relationships

Amy Lee, MD

No relationships

Jack Salerno, MD

No relationships

Christopher Zarella, MD, FACS

No relationships

PLANNERS

James Chattra, MD

No relationships

Benjamin Jackson, MD

No relationships

Lessli Putney, MD

No relationships

Nicole Castonguay, MD

No relationships

Kristin Wallis, MD

No relationships

Paula Heimberg, MD

No relationships

* Disclosures reviewed by Program Chair. No disclosed relationships pose a conflict of interest for this activity's content.