

North Pacific Pediatric Society 199th Meeting and Conference

Jointly Sponsored by

September 21–22, 2019

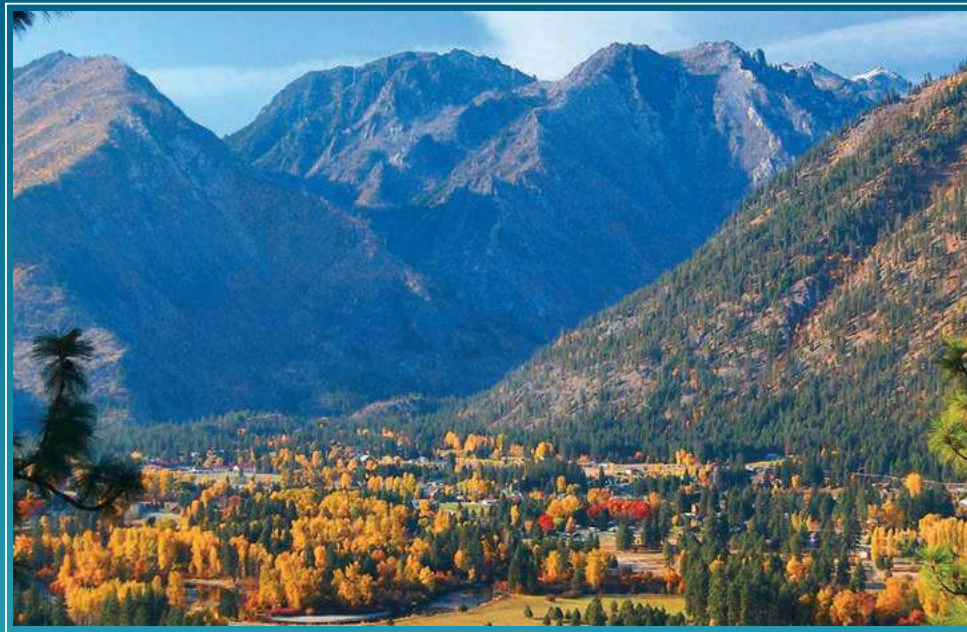
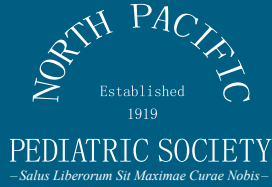


photo credit: Visit Chelan County.com

■ SPEAKERS*

Kym Ahrens MD
Associate Professor
Seattle Children's Hospital

Maneesh Batra MD, MPH
Professor of Pediatrics
Neonatology
Adjunct Professor of Global Health
University of WA School of Medicine

Ingrid A. Carlson MD
Pediatric Ophthalmologist
Northwest Eye Surgeons

Katherine Debiec MD
Associate Professor
University of WA
Seattle Children's Hospital

Kelly N. Evans MD
Assistant Professor of Pediatrics
University of WA School of
Medicine

Catherine Karr MD, PhD
Professor
University of WA

Douglas J. Opel MD, MPH
Associate Professor of Pediatrics
University of WA School of Medicine
Seattle Children's Research Institute

Josh Weldin MD
Assistant Professor
Pediatric Cardiology
Medical Director, SCH North Clinic
Director of Regional Consult Services
Seattle Children's Hospital
University of WA School of Medicine

* *Speaker's disclosure statements
on page 4*

■ ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Washington State Medical Association through the joint providership of Seattle Children's Hospital and the North Pacific Pediatric Society. Seattle Children's Hospital is accredited by the WSMA to provide continuing medical education to physicians.

Seattle Children's Hospital designates this live educational activity for a maximum of *11.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 11 hours of Category 1 CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

NPPS 199th Meeting and Conference Schedule



Leavenworth, WA September 21–22, 2019

SATURDAY 🦋 SEPTEMBER 21	
7:00 AM	CATERED BREAKFAST
7:30 AM	Opening Remarks
7:45 AM	Is That Jaw Small? Craniofacial Development and Early Obstructive Sleep Apnea Kelly N. Evans, MD
8:45 AM	Update on Evidence-Based Strategies to Communicate with Vaccine-Hesitant Parents Douglas J. Opel, MD, MPH
9:45 AM	BREAK
10:00 AM	Care of the Late Preterm Infant Maneesh Batra, MD, MPH
11:00 AM	Caring for System-Involved Youth: What You Need to Know Kym Ahrens, MD
12 NOON	CATERED LUNCH
1:00 PM	Update on Lead and Other Everyday Pediatric Environmental Health Hazard Catherine Karr, MD, PhD
2:00 PM	Best Practices: Implementing AAP Recommendation for Visual System Assessment Part 1 Getting a Great Eye Exam Ingrid A. Carlson, MD
3:00 PM	BREAK

SATURDAY 🦋 SEPTEMBER 21	
3:15 PM	Best Practices: Implementing AAP Recommendation for Visual System Assessment Part 2 Instrument Based Vision Screening Ingrid A. Carlson, MD
4:15 PM	Adjourn for day
6:00 PM	RECEPTION
SUNDAY 🦋 SEPTEMBER 22	
7:00 AM	CATERED BREAKFAST
7:30 AM	Opening Remarks
7:45 AM	OCPs for PCPs Katherine Debiec, MD
8:45 AM	Heavy Menstrual Bleeding and Menstrual Management Katherine Debiec, MD
9:45 AM	BREAK
10:00 AM	EKG Review for the Primary Care Provider Josh Weldin, MD
11:00 PM	Syncope in Children: When Should the Primary Care Provider Have Palpitations? Josh Weldin, MD
12:00 PM	ADJOURN

MEETING OBJECTIVES:

- Describe the importance of provider-parent communication on parental vaccine decision-making.
- Specify two communication strategies that data suggests is associated with increased parental vaccine acceptance.
- Describe the epidemiology of late preterm births in the US.
- Gain confidence in addressing the unique needs of this population of patients.
- Use a trauma-informed approach to caring for system-involved youth.
- Describe the unique risk and resilience factors that system-involved youth can have.
- Screen patients for lead exposure per recommended WA State guidelines.
- Identify and utilize evidence-based resources to diagnose, treat, and prevent common pediatric environmental health problems.
- Perform with accuracy and confidence the following examination skills: ocular history, examination of globes and lids, red reflex testing, pupil examination, ocular alignment and motility assessment. Refine examination techniques and easily identify abnormal findings, which may be both common or life threatening.
- Perform with accuracy and confidence the following examination skills: vision screening, infancy through school age. Understand the evidence for and against utilizing instrument-based vision screening within each age group. Understand what it means to test vision as a unit of acuity, versus to test vision as a unit of refraction. Define the criteria for amblyopia risk for each age group, as well as for testing by both acuity and by refraction. Implement ICD-10 coding and referral patterns that are cost effective for the Pediatrician and for the patient.



- Be able to name helpful OCP resources; be able to list indications for OCPs; describe the mechanism of action of OCPs; discuss the components of OCPs; decide on which pill to begin; troubleshoot common pill complaints
- Recall the physiology of the normal menstrual cycle and hemostasis.
- List a differential for abnormal uterine bleeding, particularly as it pertains to adolescents.
- Understand the treatment options of abnormal uterine bleeding/heavy menstrual bleeding in adolescents.
- Identify red flags on screening EKGs and to identify common “abnormal” findings on pediatric EKGs that are generally not concerning.
- Define characteristics of common fainting in kids, identify aspects of fainting that are concerning, and name the most common causes of cardiac syncope in the pediatric population.

Sleeping Lady Mountain Resort • Leavenworth, WA | Sept. 21-22, 2019

You may also register on line at www.northpacificpediatricsociety.org

REGISTRATION FORM (please type or print clearly)

Full Name	Title	Preferred First Name for Badge	
Practice/Group Name			
Address	City	State	Zip
Phone	Email (Required to receive conference e-syllabus)		

- My food preference is vegetarian My food preference is vegan My food preference is gluten free

Conference registration fee includes attendee's two-day conference tuition, e-syllabus, as well as all breakfasts and refreshment breaks.
Food and Beverage is intended for registered attendees only!

■ Conference Registration	<u>Thru September 1</u>	<u>After September 1</u>	
<input type="checkbox"/> NPPS Member Physician	\$425	\$475	_____
<input type="checkbox"/> Non-Member Physician	\$525	\$575	_____
<input type="checkbox"/> Nurses & Physician's Assistants	\$395	\$445	_____
<input type="checkbox"/> First 3-year Practice	\$325	\$375	_____

■ I would like to support the NPPS Community Fund

- \$20 \$50 \$100 \$250 \$500 _____

TOTAL ENCLOSED: (U.S. FUNDS ONLY) _____

■ PAYMENT

Mail to: **NPPS**, 2001 Sixth Avenue, Suite 2700 • Seattle, WA 98121

- Enclosed is my check made payable to: **NPPS**

▶ CREDIT CARD PAYMENT

Please register online at: www.northpacificpediatricsociety.org

CANCELLATION POLICY: We must receive written notification of your cancellation. A \$50 processing fee will be deducted from the registration refund.
No refunds will be issued after September 1, 2019.

INQUIRES: Contact Becky Constantine at the NPPS Office at 206-956-3635, or call toll-free from Washington, 1-800-552-0612, ext. 3025, or send emails to: admin@northpacificpediatricsociety.org

North Pacific Pediatric Society

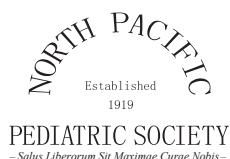
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Visit: www.northpacificpediatricsociety.org to register online

■ ACCOMMODATIONS:



Sleeping Lady Mountain Resort • Leavenworth, WA

Group room rates start at \$175 plus applicable taxes.

Call 1-800-574-2123 to book your reservation.
Identify yourself as a participant attending the North Pacific Society
by our group #10663 to receive the group rate

Please reserve by August 21, 2019 to ensure the group rate.

■ NPPS 199TH MEETING & CONFERENCE DISCLOSURE STATEMENTS

Kym Ahrens MD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Maneesh Batra, MD, MPH

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Ingrid A. Carlson, MD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Katherine Debiec, MD

I, or members of my family have the following financial interest, arrangement or affiliation with corporate organizations which offer financial support or educational grants for continuing medical education programs (other than mutual funds). Trainer for Nexplanon for Merck.

Kelly N. Evans, MD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Catherine Karr, MD, PhD

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Douglas J. Opel, MD, MPH

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Josh Weldin MD

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Lessli Putney, MD, NPPS Consultant

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

James Chattrra MD, NPPS Executive Director

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Becky Constantine, NPPS Association Executive

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

SAVE THE DATE!

**NPPS 200th
Meeting and Conference**

The Charter Seattle, WA

April 25 - 26, 2020

Room rates start at \$255
plus applicable taxes