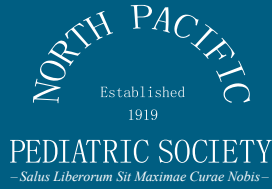


North Pacific Pediatric Society 196th Scientific Conference

Jointly Sponsored by



April 28–29, 2018

HOTEL MONACO
Downtown Seattle



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■ SPEAKERS*

Lusine Ambartumyan MD
Seattle Children's Hospital

Seshandri Balaji MD, FRCP, PhD
Oregon Health & Science University

Rebecca Barclay MD
Seattle Children's Hospital

Markus Boos MD
Seattle Children's Hospital

Robert Hilt MD
Seattle Children's Hospital

Julie Ingelfinger MD
New England Journal of Medicine

Laura Kastner PhD
University of Washington/
Private Practice

Matthew Kronman MD
Seattle Children's Hospital

Don Shifrin MD
Allegro Pediatrics

Robert Sidbury MD, MPH
Seattle Children's Hospital

* *Speaker's disclosure statements on page 4*

■ ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Washington State Medical Association through the joint providership of Seattle Children's Hospital and the North Pacific Pediatric Society. Seattle Children's Hospital is accredited by the WSMA to provide continuing medical education to physicians.

Seattle Children's Hospital designates this live educational activity for a maximum of *10 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 10 hours of Category 1 CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

NPPS 196th Scientific Conference | Conference Schedule

April 28–29, 2018

HOTEL MONACO • Downtown Seattle

SATURDAY ➤ APRIL 28	
7:30 AM	Registration & Continental Breakfast
8:15 AM	Welcome and Opening Remarks
8:30 AM	Top Articles in Pediatrics, 2017-2018 Dr. Julie Ingelfinger
9:30 AM	Fainting in Kids, When to Worry About Sudden Death and When Not to Dr. Seshandri Balaji
10:30 AM	Coffee Break
10:45 AM	Tech Temptations – The Digital Dilemmas of Parenting Connected Kids Dr. Don Shifrin
11:45 AM	Lunch
12:45 PM	Depression Screening & Treatment in Primary Care Dr. Robert Hilt
1:45 PM	Caring for the Mental Health of Children Who Have Experienced Trauma Dr. Rebecca Barclay
2:45 PM	Break

SATURDAY ➤ APRIL 28	
3:00 PM	Outpatient Pediatric Antibiotic Stewardship: Needs and Interventions Dr. Matthew Kronman
4:00 PM	Adjourn
SUNDAY ➤ APRIL 29	
7:00 AM	Registration and Continental Breakfast
7:30 AM	Opening Remarks
7:45 AM	Toxic stress 2.0: Moving the Needle on Reducing Family Stress Dr. Laura Kastner
8:45 AM	Approach & Management of Childhood Constipation Dr. Lusine Ambartumyan
9:45 AM	Coffee Break
10:00 AM	Dermatoses and What's New Dr. Robert Sidbury
11:00 PM	Dermatoses: here is what it could be and why it is or isn't Dr. Markus Boos
12:00 PM	Adjourn

MEETING OBJECTIVES:

- Summarize the scope of outpatient antibiotic prescribing nationally and importance of stewardship
- Discuss first-line antibiotic selection for common pediatric outpatient infections
- Describe effective outpatient antibiotic stewardship interventions, including behavioral nudges
- Provide parents with information about toxic stress, child risk factors and protective assets which can enhance resilience.
- Discuss options for reducing stress in the family (e.g. media-free family time, child-centered play, exposure to nature, increasing sleep, emotional regulation techniques, parenting classes, and positive youth engagement after school
- Identify major new studies and novel discoveries in pediatric that have occurred during 2017-18.
- Explain and synthesize advances in pediatric as they can be applied to one's practice.
- Identify why screening for depression should occur in their patient populations, and how to organize their practices for performing depression screens.
- Perform the first and second line treatment strategies for depression in young people, and should be able to carry out the first line depression care for their patients at the conclusion of this activity.
- Define trauma experiences and identify children impacted by trauma
- Recognize the difference between PTSD, trauma reactions, and other mental health diagnoses
- Recognize the signs and symptoms that may indicate an underlying serious cardiac condition in children with Syncope.
- Identify cardiac conditions that might pose risk of sudden cardiac death.
- Describe the epidemiology and physiology of functional constipation
- Differentiate between organic and functional constipation
- Identify intractable constipation in the evaluation of a child
- Distinguish eczematous and viral eruption from similar but distinct rashes that are suggestive of primary immunodeficiency (PI)
- Recognize when associated finding in patients with vascular malformations, eczematous dermatitis or hyperhidrosis, should trigger further workup for an underlying condition.
- Use AAP guidelines to incorporate media into clinical interactions.





North Pacific Pediatric Society 196th Annual Scientific Conference



HOTEL MONACO • Downtown Seattle | April 28–29, 2018

You may also register on line at www.northpacificpediatricsociety.org

REGISTRATION FORM *(please type or print clearly)*

Full Name	Title	Preferred First Name for Badge	
Practice/Group Name			
Address	City	State	Zip
Phone	Email <i>(Required to receive conference e-syllabus)</i>		

- My food preference is vegetarian
 My food preference is vegan
 My food preference is gluten free

Conference registration fee includes attendee's two-day conference tuition, e-syllabus, as well as all breakfasts and refreshment breaks.
Food and Beverage is intended for registered attendees only!

■ Conference Registration

- | | | |
|--|-------|-------|
| <input type="checkbox"/> NPPS Member Physician | \$395 | _____ |
| <input type="checkbox"/> Non-Member Physician | \$495 | _____ |
| <input type="checkbox"/> Nurses & Physician's Assistants | \$345 | _____ |
| <input type="checkbox"/> Retired Physician/First 2-year Practice | \$270 | _____ |
| <input type="checkbox"/> Residents | \$0 | _____ |

■ I would like to support the NPPS Community Fund

- \$20
 \$50
 \$100
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 \$500
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TOTAL ENCLOSED: (U.S. FUNDS ONLY) _____

■ PAYMENT

Mail to: **NPPS**, 2001 Sixth Avenue, Suite 2700 • Seattle, WA 98121

- Enclosed is my check made payable to: **NPPS**

▶ CREDIT CARD PAYMENT

Please register online at: www.northpacificpediatricsociety.org

CANCELLATION POLICY: We must receive written notification of your cancellation. A \$50 processing fee will be deducted from the registration refund.
No refunds will be issued after April 1, 2018.

INQUIRES: Contact Darla White at the NPPS Office at 206-956-3642, or call toll-free from Washington, 1-800-552-0612, ext. 3025, or send emails to: admin@northpacificpediatricsociety.org

North Pacific Pediatric Society
2001 Sixth Avenue, Suite 2700
Seattle, WA 98121

www.northpacificpediatricsociety.org

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**NPPS 196th
Scientific Conference**
April 28 -29, 2018

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■ **NPPS 196TH MEETING & CONFERENCE DISCLOSURE STATEMENTS**

Robert Sidbury MD MPH

I intend to reference off-label or investigational use of drugs or products in my presentation. I, or members of my family, including spouse or partner) have the following financial interest, arrangement or affiliation with corporate organizations which offer financial support or educational grants for continuing medical education programs (other than mutual funds) - Roche, Pfizer: Consultant, Speaker; Regeneron, Scioderm: Grant/Research Support

Rebecca Barclay, MD

I intend to reference off-label or investigational use of drugs or products in my presentation. SSRI, Antidenergic meds, antipsychotics all generally discussed. I, or members of my family, including spouse or partner) have the following financial interest, arrangement or affiliation with corporate organizations which offer financial support or educational grants for continuing medical education programs (other than mutual funds) - Optum, United Behavioral Health

Seshandri Balaji, MD FRCP PhD

I, or members of my family, including spouse or partner) have the following financial interest, arrangement or affiliation with corporate organizations which offer financial support or educational grants for continuing medical education programs (other than mutual funds) - Medtronic: Grant Support; Myokardia: Consultant; Yorlids: Advisory Board with stock options

Robert Hilt, MD

I intend to reference off-label or investigational use of drugs or products in my presentation: Citalopram, Sertraline. I, or members of my family, including spouse or partner) have the following financial interest, arrangement or affiliation with corporate organizations which offer financial support or educational grants for continuing medical education programs (other than mutual funds) - Optum: Consultant; American Psychiatric Assn. Press: Book royalties

Julie R. Ingelfinger, MD

I, or members of my family, including spouse or partner) have the following financial interest, arrangement or affiliation with corporate organizations which offer financial support or educational grants for continuing medical education programs (other than mutual funds) - Mass. Medical Society/New England J. Med: Deputy Editor (salaried position)

Don Shifrin, MD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Lusine Ambatsumyan, MD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Laura Kastner, PhD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Matthew P. Kronman, MD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Marcus Boos, MD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Darla White, NPPS Association Executive

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

James Chattra, MD NPPS Executive Director

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

■ **ACCOMMODATIONS:**

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Be sure to mention NPPS.

Please reserve by March 28, 2018 to ensure the group rate.

Visit: www.northpacificpediatricsociety.org to register online